



# UPCOMING EVENTS

## December



### FULL MOON WOMEN'S CIRCLE



# 6

**SATURDAY, 6 - 8 PM**

Illuminating the  
Shadows

**Saina & Elena**  
**AED 180**

### UNDER THE DESERT SKY



# 13

**SATURDAY, 4 - 8 PM**

A Desert Gathering

**Sundar & Elena**  
**AED 150**

### A KUNDALINI WORKSHOP



# 6

**SATURDAY,  
10:15 - 11:30 AM**

Kundalini Kriya  
Workshop

**Nancy**  
**AED 180**

### CONSCIOUS CHRISTMAS PARTY



# 20

**SATURDAY, 6 - 8 PM**

Kirtan &  
Carols Gathering

**Sundar &  
Shanti Sounds**  
**Flexible Pay Contribution**

[www.opencircleyoga.org](http://www.opencircleyoga.org)







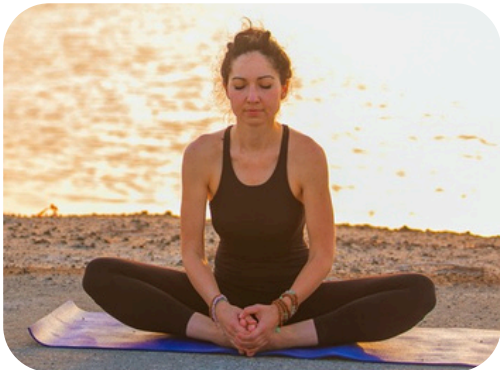
# UPCOMING EVENTS

## December



### HIPS MOBILITY WORKSHOP

## 21



**SUNDAY**  
**4:00 - 5:30 PM**

**Elena**  
**AED 120**

### FIX YOUR POSTURE WORKSHOP

## 28



**SUNDAY**  
**4:00 - 5:30 PM**  
Alignment and  
Posture Essentials

**Sundar**  
**AED 120**

### ANCESTRAL HEALING CEREMONY

## 27



**SATURDAY**  
**6 - 7:30 PM**  
A Reiki Infused  
Ceremony

**Saina**  
**AED 150**

### CONSCIOUS NEW YEAR'S PARTY IN THE DESERT

## 31



**WEDNESDAY**  
**4 - 8 PM**  
Desert community  
gathering to  
celebrate new year's  
eve  
**Sundar & Elena**  
**AED 150**

